

# Is 'happiness' a proper translation of the term eudaimonia?

**Post by “Godfrey” of March 27, 2024 at 3:28 PM**

Rereading post #1, I find that "blessedness" does have a certain attraction. That might relate it to the blessedness of the gods as in [PD01](#) and to Epicurus' comments about living like a god among men.

It seems to be pretty all-encompassing as well: not necessarily confined to mental/spiritual, but including physical and external. At least that's one (rather Aristotlean?) way to think about blessedness. The word has various connotations in modern English. Here we go again....