

Is 'happiness' a proper translation of the term eudaimonia?

Post by “Godfrey” of March 27, 2024 at 12:31 PM

Peter St-Andre mentions in his blog post for today that he prefers "fulfillment" as an interpretation of *eudaimonia*. Any thoughts on this one? To me, fulfillment and happiness both seem particularly mental/spiritual whereas well-being seems to be more inclusive of mental/spiritual as well as physical. I can't say which approach is most in line with the original meaning of eudaimonia.