

# Live to 120? I'd rather go for quality not quantity of life...

Post by "Pacatus" of March 17, 2024 at 6:01 PM

From the article [Don](#) referenced: "It seems to me that the only people who really want to live forever are those who are unable to find joy in the lives they're living now."

Daniel Klein, in his book *Travels With Epicurus*, addresses these issues from a personal perspective (often with congenial self-deprecating humor) as he enters his 70s - eschewing both the frantic (and often cosmetic) "forever-youngness" of some of his friends and the countervailing attempt by some to grind toward a longevity that promises a severely diminished quality of life, by paradoxically foregoing enjoyment now. Klein may not always be a "strict" Epicurean, but I thoroughly enjoyed (and related to) his book - through two readings now. 😊 😎