

Key Citations On Confidence

Post by "Don" of March 13, 2024 at 10:41 PM

[Quote from Cassius](#)

I need to find the proper cite for this one, which needs addition here in this thread.

11. The stable condition of well-being in the body and the sure hope of its continuance holds the fullest and surest joy for those who can rightly calculate it.

Where does your "11" come from? This sounds like just an alternative translation of Fragment 68. To those who are able to reason it out, the highest and surest joy is found in the stable health of the body and a firm confidence in keeping it.

τὸ γὰρ εὐσταθὲς σαρκὸς κατάστημα καὶ τὸ περὶ ταύτης πιστὸν ἔλπισμα τὴν ἀκροτάτην χαρὰν καὶ βεβαιωτάτην ἔχει τοῖς ἐπιλογίζεσθαι δυναμένοις.

From Attalus:

[U68]

Plutarch, That Epicurus actually makes a pleasant life impossible, 4, p. 1089D: It is this, I believe, that has driven them, seeing for themselves the absurdities to which they were reduced, to take refuge in the "painlessness" and the "stable condition of the flesh," supposing that the pleasurable life is found in thinking of this state as about to occur in people or as being achieved; for the "stable and settled condition of the flesh," and the "trustworthy expectation" of this condition contain, they say, the highest and the most assured delight for men who are able to reflect. Now to begin with, observe their conduct here, how they keep decanting this "pleasure" or "painlessness" or "stable condition" of theirs back and forth, from body to mind and then once more from mind to body.

Aulus Gellius, Attic Nights, IX.5.2: Epicurus makes pleasure the highest good but defines it as sarkos eustathes katastema, or "a well-balanced condition of the body."