

External "Goods" Impact Eudaimonia

Post by "Don" of March 9, 2024 at 10:37 PM

I'm sorry to have taken this thread on a tangent; however, from my perspective, here are some Vatican Sayings that speak to the idea of satisfaction:

VS35 Don't ruin the things you have by wanting what you don't have, but realize that they too are things you once did wish for.

VS67 A free person is unable to acquire great wealth, because that is not easily achieved without enslavement to the masses or to the powers that be. Instead, he already has everything he needs, and in abundance. But if by chance he should have great wealth, he could easily share it with his fellows to win their goodwill.

VS68 Nothing is enough to one for whom enough is very little.

VS69 The ingratitude of the soul makes a creature greedy for endless variation in its way of life.

It's not being stagnant or complacent. It's appreciating the things you do have, gaining pleasure from what you do have, without always grubbing for the next thing or always struggling for the thing you don't have. We miss our lives as they fly by if we live that way. Of course, one can work to achieve more comfort, more steadiness, more stability in one's life. Philodenus wrote a whole treatise on managing ones affairs well. But if we don't stop and pluck the ripe fruit when it is available, we miss our one life.