

Is All "Ataraxia" Equal?

Post by "Cassius" of February 19, 2024 at 9:34 AM

[Quote from Titus](#)

I think we also have to take into respect, that this is not only a theoretical discussion of ideas, but of experiences that are fundamental to our being. The idea of fulfilling natural and necessary needs while sitting in a cave by drinking water and eating bread is a state of idealized sanctification. While it focuses on the relatively low hardware requirements concerning human material needs, it ignores all the other variables to our lives in our ever-changing material conditions.

I totally agree.

However I will comment further because it's hard for me to think of describing "sitting in a cave drinking water and eating bread" as a state of "idealized sanctification."

While there are definitely times and places in world history where sitting in a cave and subsisting on bread and water would be exactly the right course of conduct, doing as some do and setting up such states of existence as not only desirable, but the highest life desirable for a human being, would be better described in my view as "supremely stupid."

And yet there are religions and philosophies that (at least allegorically) do exactly that.