

# We're Are Not Just Our Brains!

Post by "Eikadistes" of January 30, 2024 at 11:36 PM

According to Johns Hopkins [<https://www.hopkinsmedicine.org/health/wellnes...-gut-connection>], there are "**more than 100 million nerve cells lining your gastrointestinal tract from esophagus to rectum**", which seems to be more robust than the brain of a golden hamster. (<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1567708/>). The digestive tract seems to be only slightly dumber than a cat ... and that depends upon the cat ... and boy have I met some cats. The TED Talk reminded me of the proposition of a "second brain", which seems reasonable.