

# What If Anything Has Changed About Human Nature In the Last 2000 Years?

Post by "BrainToBeing" of January 6, 2024 at 8:03 PM

[Quote from Godfrey](#)

I think that the mind, being physical, exists in the body. And I'd say that the mind probably exists in the body outside of the skull

[Godfrey](#) I like your post #21. So, as you alluded, stimulus-response processing does occur throughout the body, via the nervous system that exists throughout the body. However, I have not seen evidence that the mind exists outside of the skull. I've seen an endless variety of illnesses; and, unquestionably, serious illness of the "soma" (physical body) does produce secondary impacts on the brain via a variety of mechanisms (toxins, metabolic abnormalities, infections, reduction in blood flow to the brain, etc). However, those produce changes in cognition via what they deliver to the brain, or don't deliver to it - secondary consequences. Alternatively, in my medical career experience changes in "the mind" has required changes directly in the brain. Stroke, brain trauma, tumors, encephalitis, neurodegenerative disease, genetic neurological disorders, toxins and the rest do change the mind by directly changing the brain.

At a very different level someone could choose to include all of the impacts we have on life outside of ourself as part of our "mind". For example, an author could chose to feel that all of the author's extant writings were part of his/her "mind". This becomes semantics - and, in my opinion, an obfuscation in the discussion of "mind".