

Welcome Tariq!

Post by “tariq” of December 30, 2023 at 6:03 PM

[Quote from Godfrey](#)

Welcome [tariq](#) !

My recollection of The Art of Happiness is that I liked the translations but found the commentary somewhat hostile to Epicurus. That said, it's been a couple of years since I read it so my memory could be hazy.

I, too, discovered Epicurus by way of Stoicism. I was reading Cicero's On the Nature of the Gods, which is extremely hostile to Epicurus. Cicero's arguments were so over the top that they convinced me to find out more about Epicurus. And here I am, years later.

Hi Godfrey, can't conclude anything yet but will definitely try to write my review here about this book.

& yeah something similar happened to me when I was reading epictetus discourses and his criticism about cynicism, didn't make sense to me, then I did little more research about it and ended up finding epicurean philosophy.