

# Welcome Tariq!

**Post by “Don” of December 30, 2023 at 6:57 AM**

Welcome aboard, [tariq](#) . Thank you for sharing your story.

You'll find a number of us here found Epicurus after involvement (some more, some less) with Stoicism. I "discovered" Epicurus's philosophy via Marcus Aurelius and some general intro to philosophy books.

There's no mobile "app" but the forum software works very well on a browser on a mobile phone or tablet. In fact, the vast majority of my posts have been via mobile.

In the meantime, glad to have you here. Check out the threads and resources here, and looking forward to your contributions to the discussion.