

Welcome Rivelle!

Post by "Cassius" of April 3, 2019 at 6:00 AM

In agreeing with these last two posts, one point that strikes home to me is that there clearly are certain types of depression which are clinical/biological/genetic or whatever other "medical problem" term would be appropriate. And in those situations while a philosophy might be of some minor help, the ultimate problem is medical and has to be addressed medically.