

Mental pleasure/pain more intense and longer lasting than physical pleasure/pain

Post by “frank1syl” of December 12, 2023 at 2:16 PM

My main interest is practical. If mental pain is greater (impacts us more) than physical pain, then my focus ought to be on things entirely under my control (my free will), and secondarily, things I have some partial control over (chance?), and lastly, should not concern myself with things I can't control (destiny).