

Mental pleasure/pain more intense and longer lasting than physical pleasure/pain

Post by “BrainToBeing” of December 12, 2023 at 1:53 PM

Of course, there can be no doubt that some things happen by happenstance or circumstance, and some as the result of choice. When you descend into the neurobiology of "will" it becomes even more complicated. So, on the topic of pain - particularly existential pain - we come to Epictetus: "It is not what happens to you, but how you react to it that matters." In theory, our reactions are "under our control". However, even there potentials of neurobiology are the confounder.

[Quote from Cassius](#)

It is better, in short, that what is well judged in action should not owe its successful issue to the aid of chance. [1]

Yet, chance ultimately cannot be avoided, since it permeates down to the last atom. This is why judgement is often illusory - a foible of reason, a critic of authority.