

# Cassius' Latest Single Page Outline Of Epicurean Philosophy

Post by "Cassius" of December 6, 2023 at 11:09 AM

Kalosyni's [recent post about doing some forum reorganization](#) is a good time to point out that we're always going to need multiple ways to access information so it can be found quickly. Recently we implemented the "[Navigation Map](#)" on the front page, and of course the "[Forum List](#)" is itself an organized structure for filing things. We don't make an extensive use of "[Tags](#)," but that feature is available in addition to the "[Search](#)" page. It's also possible to search the forum using google (or any other search engine) and [combine EpicureanFriends.com as one of the search terms](#). [Here's an example of such a search](#).

For my personal use, I always continue to work on a personal outline with the aim of quickly being able to zoom back and forth between the big picture and the individual details, including citations. The latest version of this [outline is here](#), and I am happy to release it for public use and comment. I intend to continue working on this format to increase the level of detail and improve the citations, some of which are not yet finished at all, so I welcome comments in this thread that I can use to improve it.

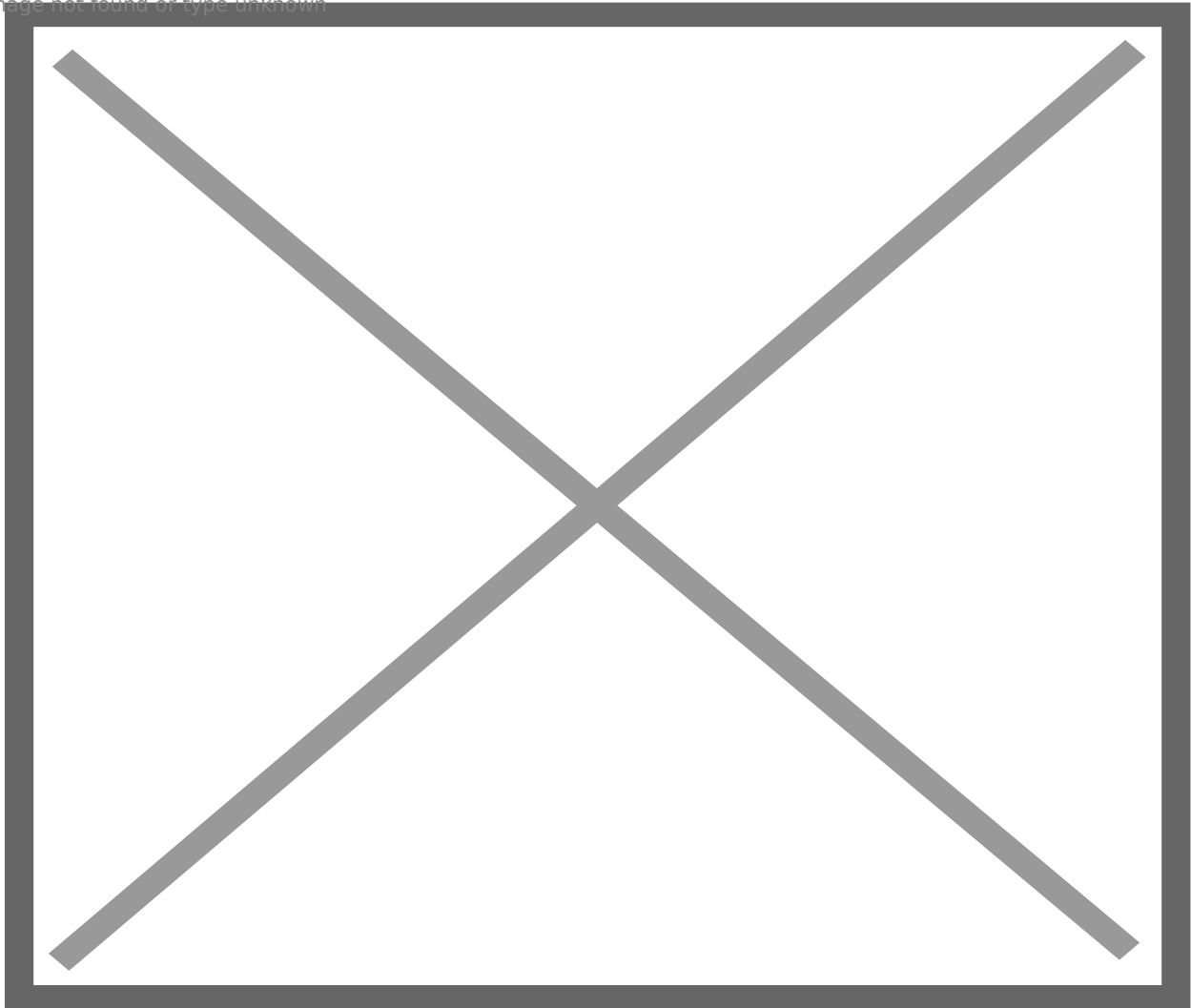
I frequently move back and forth between software programs as to how to make this more effective, and I'll probably take the same data over time and release it in other formats. In the meantime this format is probably going to look best on a cellphone/tablet "portrait" format, rather than a wide-screen computer display. I think the purpose of an outline like this is consistent with the idea of using it mainly on a portable device, so this format should work well for that screen size. Over time we can fiddle with the html if desired and make it more attractive.

Here's a direct link:



<https://www.epicureanfriends.com/thread/3578-cassius-latest-single-page-outline-of-epicurean-philosophy/?postID=27897#post27897>

Image not found or type unknown



## [Epicurean Philosophy Navigation Outline](#)

Basic Aspects of Epicurean Philosophy.  
handbook.epicureanfriends.com

Here's a version where a word-search on the page works much more easily. The collapsible version now has a link at the top of the page which will take you to [this "alternate" page view](#).

**Welcome To The EpicureanFriends Navigation Outline!**

- This outline is provided by EpicureanFriends.com. You can always find the latest version, ask questions, and discuss it [here](#)!!
- This outline is structured to provide "enough to give one the most essential comprehension of the Subject."
- Each heading presents a single high-level point. Any arrowhead symbol can be clicked to open up additional detail. This allows easy movement between the big picture and the details. As Epicurus wrote to Herodotus: "Indeed it is necessary to go back to the main principles, and carefully to go to work, necessary enough to give one the most essential comprehension of the truth, and in fact the accurate knowledge of details will be fully discovered, if the general principles in the various departments are thoroughly grasped and borne in mind, for even in the case of one fully initiated the most essential feature in all accurate knowledge is the capacity to make a rapid use of observation and mental apprehension, and this can be done if everything is summed up in elementary principles and formulas. For it is not possible for anyone to abbreviate the complete course through the whole system, if he cannot embrace in his own mind by means of short formulae all

**TABLE OF CONTENTS**

**Welcome To The EpicureanFriends Navigation Outline**  
Epicurean Terminology Frequently Offers Some Special Insights  
Epicurean Philosophy Includes Physics, Canonics, and Ethics

**Definitions and Clarifications.** The following terms and phrases carry special meaning and significance to Epicurean philosophy:  
"Nihil" does not mean supernatural, unscientific, unproven, or many of the other things people often think about them.  
"Placere" includes but is not limited to the sense and appreciation of good food and body.  
"Vivere" means the same thing as "vivere."  
"The highest pleasure" means your whole experience is filled with pleasure unobscured by any pain.  
"Vivere" is a practice living happily and not an end in itself.

<https://www.epicureanfriends.com/thread/3578-cassius-latest-single-page-outline-of-epicurean-philosophy/?postID=27897#post27897>

To repeat: additions, subtractions, clarifications, suggestions, etc., are welcome, especially as to citations to include under each bullet point. This will always be a "work in progress."