

Pleasure And Pain Modeled With Math

Post by “waterholic” of December 5, 2023 at 1:10 PM

[Quote from Godfrey](#)

This sounds to me to be at odds with a philosophy based on individual responsibility. Isn't the point that, in a purely material universe, there is no rule-based standard?

Let me clarify "rules-based standard". I think of it as a useful habit. For instance, if I spend 30 days measuring my calorific intake and making small adjustments, the result can be a much healthier lifestyle. The measurement can stop after a month - the habit takes over. Similarly, if I decide to list all the decisions I made during the week and evaluate them from the pleasure-pain perspective, I am sure this could train habits that would create a more enjoyable life. But the assessment of pleasure and pain remains subjective and changes over time - there can be no rules there.