

Pleasure And Pain Modeled With Math

Post by "Bryan" of December 2, 2023 at 12:08 PM

"This very thing is the good: Escaping from the bad -- because It is not possible for the good to be placed anywhere when neither what is painful nor what is distressing is any longer making way for it" (Plutarchi Non posse) 1091 A-B

If I were to chart my pleasure, it would most usually be at total pleasure with only occasional dips down due to uncommon circumstances (sickness, unexpected occurrences, etc).

The removal of pain, and the painlessness that results when pain is removed, is exactly what pleasure is.

I achieve full physical pleasure frequently and naturally by the internal process in my body when I have the necessary accommodations of food and shelter.

I achieve full mental pleasure just as naturally and frequently, by realizing the ease of obtaining physical contentment and fostering gratitude for my success in doing so.

In failing to appreciate this fact, the public (even when they are in a painless bodily state) tries to add to their pleasure by engaging in further activities (the things that produce pleasure of degenerates, τὰ Ποιητικὰ τῶν περὶ τοὺς ἀσώτους ἡδονῶν, KD10), which usually leads them to further pains and worries!

KD3 "The limit in the amount of pleasures is the removal of all pain."

KD4 "Pain does not last continuously in the body..."