

# Tips On Offsetting Pleasures Against Pains

Post by “Pacatus” of November 28, 2023 at 7:27 PM

## [Quote from Don](#)

It could be instructive to see how modern neuroscience explains the pleasure/displeasure aspect of affect.

Just from recall, but -- although himself not an expert in the field -- I think Haris Dimitriadis delved into that stuff quite a bit ...