

Welcome Rivelle!

Post by “Rivelle” of April 1, 2019 at 8:24 AM

The Epicurean writings on the attaining and maintaining of Ataraxia combined with Philodemus’s “four-part cure” have been of notable benefit to me as someone who has a major depressive affective disorder.

My Epicurean soul is (mostly) cheerful!

My background is in English Literary History. My Phd thesis was on the Utopian Politics of John Milton’s “Paradise Lost” and “Paradise Regained”.