

# **Emily Austin Seems To Think That Sex Is An Extravagant Pleasure aka natural but unnecessary. Do you agree?**

**Post by “Eikadistes” of November 9, 2023 at 3:14 PM**

I think that sex cannot be necessary, because many people are not healthy enough to have sex, and Epicurus reminds us that one is never too young, nor too old, nor too impotent to tend to the health of one's soul.

(We also might be thinking about this in terms of celibate adults, but let's keep in mind that most children are not having sex, and they can still enjoy the natural pleasure of wisdom; and even then, the natural pleasure that is sex does not become available until a certain point in a person's life, so we might even say it is unnatural below a certain age).

Also, not that anyone was making this point, but just to share this perspective: we have no obligation to the species to reproduce. It is no *one* person's duty to perpetuate the genes of ancient creatures just because one shares their DNA.