

# Emily Austin Seems To Think That Sex Is An Extravagant Pleasure aka natural but unnecessary. Do you agree?

Post by "Eoghan Gardiner" of November 8, 2023 at 1:50 PM

[Quote from Kalosyni](#)

[Quote from Eoghan Gardiner](#)

it makes things difficult outside of one night stands which as you move from early 20s to early 30s become less desirably it seems for most.

Just want to mention that "one night stands" -- may or many not bring more pain then pleasure, it depends on both parties fully understanding the terms of the encounter. And before considering a "one night stand" one should contemplate this guidance:

PD5: "It is not possible to live joyously without also living wisely and beautifully and rightly, nor to live wisely and beautifully and rightly without living joyously; and whoever lacks this cannot live joyously."

Yes I agree, I find in early 20s they are far more pleasurable than now in my 30s for both parties. Not because of the act but because of the pain after it e.g. one party wanting more than a one night stand etc... where as in early 20s it's expected that it is just for the mutual singular night pleasure.