

# How to live the Epicurean life in today's society (brainstorming an authoritative list)

Post by “Cassius” of November 1, 2023 at 3:39 PM

## [Quote from Kalosyni](#)

Here is something that is being worked on (list by Cassius) which could jumpstart some practical application of Epicurean philosophy:

What she means there is that i am working on a new format for presenting the lifestyle issues by using the historical characters to illustrate how \*they\* embodied the desired characteristics. Sort of like a much-abbreviated Plutarch's Lives, but with the focus being one a couple of distinguishing attributes rather than a full bio.

If anyone has any:

1 - suggestions for further illustations, or

2 - desire to compose a couple of paragraphs on how the life illustrates the virtue(s)

then feel free to let me know and I will incorporate that into the finished product.

By the way those "Distinctive Life Aspects" are very preliminary.