

Is gratitude a katastematic or kinetic pleasure?

Post by “Don” of November 1, 2023 at 6:41 AM

[Quote from Cassius](#)

(1) *acting toward a desire* and (2) *fulfilling a desire* are exactly the same thing.

Call me pedantic, but I wouldn't characterize the two kinds of pleasure in exactly that way. Both "acting toward" and "fulfilling" are action words from my perspective. Maybe "experiencing pleasure while acting on a desire" and "resting in the experience of a fulfilled desire"? But even that doesn't sound right to me. The key concepts from my perspective are action and rest. Maybe - maybe! - mirroring Aristotle's idea of *energeia* and *dynamis* although I'm still REALLY shaky on my understanding of those terms.