

# Is gratitude a katastematic or kinetic pleasure?

Post by “Don” of October 26, 2023 at 7:45 AM

To bring this back to [burninglights](#) ' original question:

The Greek word for gratitude is χάρις (kharis) which is directly related to χάρα (khara), the specific kinetic/energetic pleasure in DL10.136. And both words are related to χαίρω (khairō), rejoice, take pleasure in a thing, etc.:

[Henry George Liddell, Robert Scott, A Greek-English Lexicon, χαίρω](#)

So, to provide a response to the original question, in light of the etymology of the words, "gratitude" is a kinetic/energetic pleasure.