

# Is gratitude a katastematic or kinetic pleasure?

Post by "Cassius" of October 25, 2023 at 2:52 PM

[Quote from Don](#)

PS. I should have read further down before replying 😊 You raise some interesting points.

Another part of the problem is that "stable" implies "good" while "transitory" implies "less good than stable."

But if the word kinetic means anything at all, is it not associated with "motion" or "moveo" / movement in Cicero's wording? Yes you can have motion that is "smooth," and long-lasting, and surely that is a more desirable kind of pleasure than a pleasure that last less long and is more "rough." I would think all of us probably agree that a pleasure that is smooth and longer-lasting is more desirable than a pleasure that is not.

Is that all that is in issue? Then we could just say "a pleasure that is smooth and longer-lasting is more desirable than a pleasure that is not."

Is something else in issue? If it is, then I'm not yet convinced I have a clue as to what that issue is, because it's surely not a distinction between mental vs physical, which is another point on which I think all of us agree. Maybe there is some issue of "confidence" that is "unshakeable" and stays with us for a really long time due to our philosophical conclusions, but if so, again, I'd assert that everyone would be better off being clear about that in one's own language.