

# Episode 196 - The Epicurean Arguments In Cicero's On Ends - Book Two - Part 06

Post by “Don” of October 16, 2023 at 10:56 PM

[Quote from Cassius in post 47](#)

When your mind is not being excited, but is operating at its normal speed and doing its normal things, is that something that can be well conveyed in English using the word "static"?

No. I dislike that translation immensely. A better single word would be stable. Static sounds dead. Stable conveys to me something that is humming along, chugging away, working like it's supposed to. They are only "static" in the sense of being associated with a "state" of being.

[Quote from Cassius](#)

their standard state of good health and operation

... Like that.

[Quote from Cassius](#)

Healthy operation of body and healthy operation of mind are not \*that\* hard to designate clearly, and we need to find better ways to do so.

How about just that: "Healthy operation of body and healthy operation of mind."