

# If Death Is Nothing To Us, Then Life Is Everything to Us

Post by "Cassius" of October 7, 2023 at 9:44 AM

Since my view on this is evolving I will extend this a little further:

## [Quote from Don](#)

But more than that, calling living, existing, being alive, "the greatest good" doesn't get us anywhere.

See this is where I think affirmatively identifying life with pleasure does get you somewhere. When you start identifying "living, existing, being alive" tightly with pleasure, and you don't insist that the word pleasure applies only to the "tickling" of the senses, then "living, existing, being alive" does become a legitimate way to state your objective, pretty much as Maecenus is saying in his poem. Give me life because so long as I have life I can offset the pleasure of being alive against the pains he is listing.

That 's not the way we normally speak that our goal is just to remain alive, but seeing past the way we normally speak seems to be exactly a trademark Epicurean approach. The pleasure of simply "living, existing, being alive" (unless perchance we are experiencing some specific pain) is an essential part of the big picture as to why we want to continue to live.

Is calling "life" the "greatest good" the best way to get to the point were people have a proper and full understanding of all that is included in the term "Pleasure." I doubt it is, but the very discussion we're having now helps drive home the point that "pleasure" isn't limited to "tickling."

## [Quote from Don](#)

But, one can't answer the question "Why do you do what you do?" by saying "Life" or "I do everything because I'm alive."

If you equate in your mind the normal state of "life" or "because I am alive" to "pleasure," then you do get pretty close to answering those questions that way.

I'd have to think further about it but saying (1) "Life is pleasure" is not much less clear or acceptable as saying (2) "pleasure is the absence of pain."

I can understand (2) as correct only because i know the background explanation that there are only two feelings. I could probably understand (1) as correct just as firmly by knowing the

background explanation that life is the one pleasure that is essential to all others.

If we wanted we could discuss this parallel even further by discussing the analogies between pleasure and health / saving vs pain and disease / destruction. >> VS37. Nature is weak toward evil, not toward good: because it is saved by pleasures, but destroyed by pains.