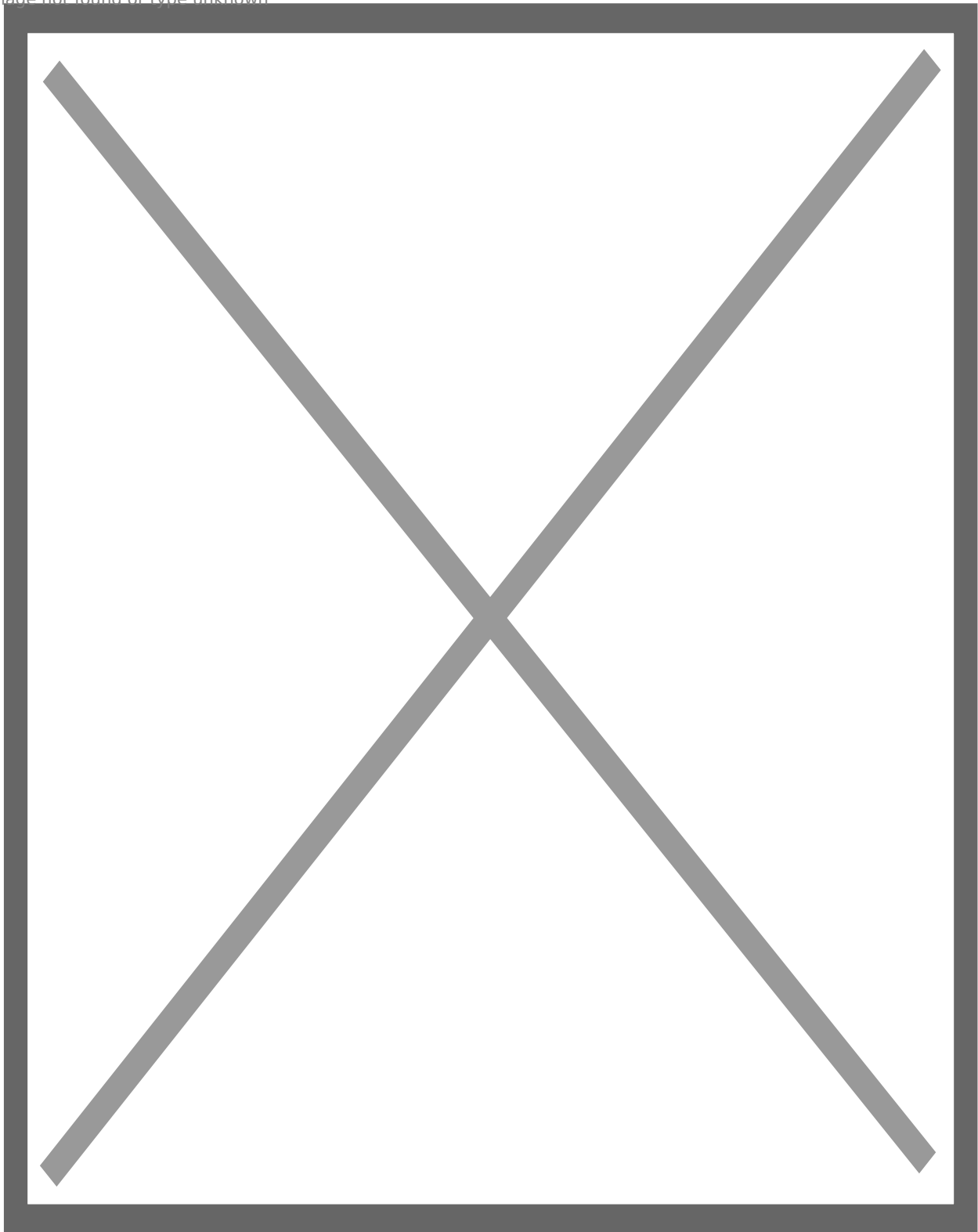


If Death Is Nothing To Us, Then Life Is Everything to Us

Post by “Cassius” of October 7, 2023 at 1:49 AM

Given that poem and this history, you have to speculate that Maecenas was in fact Epicurean himself, and that poem is in fact a statement of the Epicurean viewpoint on the value of life. I could see that being true especially since as Epicurus indicates the wise man is going to generally be able to find more reason for pleasure than pain except only in the most extreme of circumstances:

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[Gaius Maecenas - Wikipedia](https://en.wikipedia.org)
en.wikipedia.org

<https://www.epicureanfriends.com/thread/3406-if-death-is-nothing-to-us-then-life-is-everything-to-us/?postID=26412#post26412>

I don't see that poem as asking for those pains, as Seneca seems to say, but rather simply saying that he can put up with an awful lot so long as he remains alive to savor the pleasures available to him. Is that not what Epicurus was doing in his final days?