

# Episode 194 - The Epicurean Arguments In Cicero's On Ends - Book One - Part 04

Post by “Cassius” of October 3, 2023 at 1:08 PM

Those cause me no disturbance at all! 😊

How can you be at 100% pleasure if you are still anxious about something? So I agree with that!

But the goal is not simply to be tranquil, the goal is rather to combine tranquility with other pleasures of mind and body to come as close to a life of 100% pleasure as I can. This would include those mental activities where we are well pleased that we are not subject to the shipwrecks of those who fear death and hell and the gods, and where we also engage in other such bodily and mental activities as bring more pleasure than pain.

I can readily recognize that the "perfect" would be a life of 100% pleasure, while at the same time "the good enough" for me that is within my capacity would be a life in which pleasure predominates, even in those rare times when i am required to be conversant in Greek! 😊