

Episode 193 - Cicero's On Ends - Book One - Part 03

Post by “Don” of September 30, 2023 at 5:36 PM

I'm the middle of listening and wanted to add...

My perspective is that mental pleasure (both kinetic and katastematic) are not higher or nobler or better. It's that we have more ready access to those pleasures, that we can have more confidence in having those than we can in physical, fleeting pleasure. We should enjoy both mental and physical pleasure, but we can just access the mental ones with more confidence.