

Creating a "Seven Steps to the Ethics of Epicurus"

Post by "Kalosyni" of September 21, 2023 at 9:51 AM

Creating Seven Steps...a thread which I started some weeks ago, almost fell back in the vast ocean of this forum. By chance found it again, spurred on by the recent very good posting by [Titus](#) - which you can read his very good thoughts on ethics over on his personal outline thread:

Post

[RE: Titus' personal outline](#)

(3) The nature of how to live.

This could also be seen as a continuation of the [Epicurean Philosophy Navigation Chart](#) to expand the Ethics. A preliminary list of topics that are important to me:

1. Awareness of becoming and passing away, consciousness of life and death in respect to the nature of the universe, processuality of life
2. Pursuing/Focussing the natural desires which
 - a.) is Nature's yardstick for happiness
 - b.) leads to self-sufficiency and autarky
 - c.) reveals life as an inexhaustible...

Titus

September 21, 2023 at 4:46 AM

I definitely would like to include what Titus has written into the mix here in this thread and possibly for further development on materials - I really want to move forward the idea that I have for either a "7 Steps" or maybe a "Handbook on Epicurean Ethics".