

Welcome Rocco!

Post by “Rocco” of September 9, 2023 at 5:42 PM

Hi Cassius,

Thanks for the thread. I've read it and have some questions and I agree with its essence---pleasure, friendship, and living this life. I have arrived here from fifty years of study of Asian philosophies (primarily Shaivism and mostly Theravada & Zen Buddhism) and Western psychologies most importantly Freud, Jung, Rogers, Esalen, Hillman, Robert Bly and many others. Eight years ago, I became apostate from a new age church that provided community and 'answers' to life with a flexible concept of 'god.' After 35 years I could not tolerate my cognitive dissonance of my experience in the world and the divine solutions they practiced that never produced results. Lately, I've found Epicureanism through reading a blog by an eclectic, online blogger who explores common human challenges quoting various philosophies. She cited How to be an Epicurean by Catherine Wilson, which I quickly devoured---It made perfect sense to me. Wilson cited Living for Pleasure by Emily Austin. I read it and found it to be more analytic and experience grounded---not about abstraction. Wanting to find an Epicurean community, I did a search and found this website. I'm still curious, more than committed, and hope to learn more about your approach and critique of 'Neo-Epicurean.'