

# Happy Belated 20th - And Thoughts On Suicide from An Epicurean Perspective

Post by “bradley.whitley” of March 21, 2019 at 9:52 PM

Oscar and all,

I teach 8th grade students. Suicide is always a threat. Epicurus can help. I am even seeing this in my young sons. They are finding happiness and pleasure in simply being. No stressing of "ideal" or "model" this or that. Just trusting the senses and anticipations, looking at Nature, and living. Once you shed the "forms" the "plan" etc. Kids and adults suddenly find life. A life of pleasures.