

# **Social Media - Instant Messaging (Telegram, Matrix, Threema)**

**Post by “Cassius” of August 21, 2023 at 10:27 PM**

Based on recent discussions I think we are probably moving to the idea that the best option is a mix of approaches, with one of them being having an opt-in email list so they of the forum does happen to go down for an extended period that we have a way to reach out to regulars with an explanation and ETA for fixing any problems that do arise. Thankfully there has not proved to be a pressing need for this, but over time it makes sense to harden the backup systems.

For the moment the most likely event would be a technical mishap with our host that keeps the forum offline for a period, and for that we now have in place [backup.epicureanfriends.com](https://backup.epicureanfriends.com) as a first line place people can check for updates.