

On freedom from distress = full pleasure

Post by “michelepinto” of March 21, 2019 at 4:28 AM

I have a three year old boy, when I give him a toy he is happy. My wife and I like to see him happy, so we give him lots of toys. The result: the toys pile up and shortly afterwards they no longer give him any pleasure.

Here is a simple example of why adding pleasure to pleasures is useless, it's definitely better to look for serenity. No boredom like no pain. In the case of my child, play with him, even without any toys.