

Competencies of Understanding in Epicurean Philosophy

Post by “Kalosyni” of August 7, 2023 at 9:05 AM

What would be some **competencies of understanding**, which could be broken down into beginner, intermediate, and advanced levels? This could also be used for Epicurus College and the "Seven Steps to Epicurus" program.

Here are just a few ideas to get the ball rolling (lots more needs to be added still).

Beginning competencies:

Who was Epicurus?

What is pleasure according to Epicurus?

What is the guide of life?

What are the three parts of Epicurean philosophy?

What are the extant texts of Epicurus?

Intermediate competencies:

What is the talos according to Epicurus?

How does the guide of life differ from the goal of life?

What are the core themes covered in Epicurean ethics?

Why has Epicurus' philosophy been considered controversial?

How can we begin to apply Epicurean philosophy to our own lives?

Advanced competencies:

What are the Epicurean canonic and why are they important?

Why do we believe there is no life after death and no afterlife?

Why do we believe there are no supernatural God(s)?

Why do we believe we have free will?

What are the differences between Epicureanism and modern Stoicism?

What are the differences between modern Western culture and the Epicurean worldview?

How do we develop a proper understanding toward death?

According to Epicurus, how does a wise person live?

What is the correct way to use pleasure in our "choices and avoidances"?

Do I consider myself an Epicurean, and why?