

Practical Tips On Management of Social Media Engagement

Post by “Cassius” of August 2, 2023 at 7:01 AM

This thread was prompted by a comment of Randall Moose posed [here](#).

Quote

Speaking for myself as a 26 year old American, my peers rely on social media for their social lives. I have made an effort to find friends through hobbies such as D&D. The house I share with my roommates is the primary meet up spot for D&D, board games, MtG, CoD, movies, dinners, and nights around the fire pit.

That thread will contain some responses but this is such a big subject that we need a thread for the single topic: What practical advice can we give from an Epicurean perspective for managing social media engagement? I know some of us have almost completely given up (or never started) with such things as Facebook and Twitter, but on the other hand social media is almost a necessity for gathering information in modern life.

What Epicurean-focused advice can we give for making sure use of social media works for a happy life rather than against it?