

# Cultivation of Friendship within Epicureanism

Post by “Randall Moose” of August 2, 2023 at 3:21 AM

## [Quote from Cassius](#)

I agree with the above answers which in most general form is "Do the games being you more pleasure than pain, all things considered?"

Maybe the greater concern than the games is over-reliance on social media for social interaction.

I hear this a lot and I tend to agree. I am still balancing social media and media in general in my own life. I was 8 when the first iPhone came out and I remember how much it changed our lives. In short, I know only a little of a life without the impact of Facebook, Twitter, Reddit, etc. I doubt I know the full extent of that impact. Whatever the case, I am working to spend more times with my friends, with us in the same room and without our faces lit by screens. Especially after experiencing the lockdowns. I'm figuring it out as I go.