

Living off the land

Post by “Don” of July 26, 2023 at 5:47 PM

[Quote from Pacatus](#)

I just wanted to add to the above that I do not think of “frugality” as some kind of idealistic virtue-discipline (ala, say, the Stoics) – but just as the simple practical virtue of “living well within your means” – where the double entendre with that word “well” is deliberate. And living well just means living as pleasurable, painlessly and stresslessly as possible.

Well put! Thanks for sharing that!

From how I read your post, you see frugality as a means to “living well” and not an end in itself like a Stoic would. Frugality is not a capital-V Virtue to be followed in every situation at every time in every place.