

Elegant Choices

Post by "Godfrey" of July 3, 2023 at 5:38 PM

This sounds like an interesting practice which may apply for adding sensitivity to one's choices and avoidances. The Epicurean process, I think, is much less specific than the Six Steps and probably more "rational" as well. But, at least for me, there's a point where I rely on my "intuition" in the decision making process and I think that this might be considered the elegant choice.

Tasty food for thought!