

# Summum bonum (Atheist & Bishop podcast)

Post by “Cassius” of June 24, 2023 at 7:32 PM

[Quote from Don](#)

We have to be alive - we have to exist! - to feel pleasure or pain.

And that's exactly why I would say that it makes sense to emphasize the "life" aspect as part of the equation, so that no one gets the idea that pleasure or pain are themselves disembodied forces or god or of nature or ideals that exist apart from the living being.