

Does the philosophy change you?

Post by “Eoghan Gardiner” of June 16, 2023 at 8:37 AM

A key thing for me and maybe this isn't an Epicurean idea but I think it really is.

With philosophy I don't have to add meaning to things that happen, as if it's sort of part of some design. When something bad or good happens I am not being punished or rewarded it's something that happens in which I am experiencing pleasure or pain that is it. It's freeing, it allows to deal with the problem at hand or to experience the pleasure freely without a need to thank anyone.