

Does the philosophy change you?

Post by “Kalosyni” of June 16, 2023 at 8:28 AM

[Quote from EricR](#)

Does the philosophy change you? Or perhaps it is better posed as "does the philosophy change your experience of being"?

I realize that since studying Epicureanism, I am thinking more of myself as a "human/animal" -- with the emphasis on "animal" and so now I am more integrated with this Earth and not something "above" it. (Perhaps Epicurus wouldn't have taken on that attitude? Since an Epicurean goal is to live as blissfully as the gods). So this sort of the meaning I give to my desire to sit near a sunny window or that inner pull toward sunshine (just one of many pleasurable things) which are the natural desires of an animal. So then the task at hand is to take good care of the human animal that I am, to accept that task without begrudging it, and to make wise decisions.