

# Letter to Menoikeus translation by Peter Saint-Andre

Post by "Elli" of June 3, 2023 at 9:13 AM

## [Quote from Don](#)

"So, correct understanding is that death is nothing for us, and this is what makes the mortality of life enjoyable:"

But it's not just "enjoyable", it's fully taking advantage of the time that is available between birth and death.

In this paragraph, there is also continuity : not because it adds to it an infinite span of time, but because it takes away the (πόθος) i.e. craving or lust for immortality.

The correct understanding (that [death is nothing to us](#)) makes the mortality of life enjoyable ...and that is BECAUSE this enjoyment does not lead to the **consequence** which is the **desire** (a desire which is out of limits) the desire "**pothos**"- lust - craving, for immortality (immortality is something out of limits). And this another attacking to Socrates & Plato! 😊

And then, [Don](#) , you continue: But it's not just "enjoyable", it's fully taking advantage of the time that is available between birth and death.

Sorry, I do not agree putting to the word, enjoyable, quotation marks and then connecting the word, enjoyable, with "fully taking advantage of the time". Since **the life is enjoyable as itself!** Because as it concerns "on the issue of time", we have concluded finally and for this issue: **"And just as with food he (the wise man) does not seek simply the larger share and nothing else, but rather the most pleasant, so he seeks to enjoy not the longest period of time, but the most pleasant"!!**

The process for understanding the LTM is a complicated process? I do not think so. 😊 We have the great Norman DeWitt who uncomplicated the whole issue in LTM making it **clear** and **simple** for all the english speaking friends!