

# Who to believe?

**Post by "Cassius" of May 30, 2023 at 3:36 PM**

When I get asked the question next time about "which book to read first" I am going to expand it further by including "A Few Days In Athens" in the list.

Unfortunately for AFDIA, chapter one is probably the least interesting of the whole book. However it does convey, in a 19th century "flowery" way, that what follows is an interesting fictional story, and sometimes people are in the mind to be told an action story rather than just reading non-fiction all the time. And what AFDIA has going for it is that after you get past the first chapter, it does pack in a lot of thought-provoking material about key issues about how Epicurus contrasts with Stoicism, so I think it's well worth reading and probably conveys a better sense of the "earnestness" of the ancient school and some of it's less-talked-about-but-still-important issues than a lot of people give it credit for.

It would be nice to expand the list further and say "read at least the first couple of pages of Lucretius" but I have yet to find many people who aren't thrown into confusion by the many translation and poetry and topic issues that are involved in getting started with it. Lucretius ends up being probably the most reliable of all sources on the full scope of the philosophy, but the hardest to take in on first reading.