

Letter to Menoikeus translation by Peter Saint-Andre

Post by "Cassius" of May 30, 2023 at 8:43 AM

One more quick thought -- We (at least I) don't often express the problem of excessive minimalism or excessive frugality as a problem of being "out of limit," but I would say when you think about it yes it's exactly the same issue involved in pursuing certain desires for excitement beyond their natural limit.

It makes sense to me that there is a natural limit of how long we can live, and how much action and pleasure we can try to engage in, and also a natural limit as to how little action we can try to engage in. Lying down indefinitely in the pursuit of tranquility is as against the limits of what nature requires as would be jumping off a mountain for the thrill of the experience. Nature's limits aren't written in stone but in the consequences that will follow certain behaviors if carried to an extreme.