

# Who to believe?

Post by “Kalosyni” of May 28, 2023 at 1:59 PM

[Quote from ThinkingCat](#)

“what does it mean to you personally to be epicurean in 30 words or less?”, what would your response be?

Pleasure, my natural goal: to remove pain and anxiety and experience the pleasures of sensation. With prudence overcoming the sorrows of life and experiencing sweetness. Smiling, being alive feels good!

(And...study and practice the philosophy with others of like mind).