

How has the word epicurean come to mean excess?

Post by "ThinkingCat" of May 19, 2023 at 3:42 PM

I see, thanks for these excerpts. I can see why Christianity and Epicurians wouldn't get along but I still don't see how Christian's would be responsible for portraying Epicurus as someone into excess? Also didn't Epicurus only eat water and bread and sometimes a little cheese? That must have been documented somewhere that Christian's would have been able to read, if we know this today.

A serious question here - if that was all Epicurus ate, wasn't he very unhealthy? I have read around this and it seems you can live on this for a while but ultimately you would become sick due to nutritional deficiencies (pretty obvious). Did he choose to only eat these foods? Did he have no choice? Surely he wouldn't have recommended that diet to anyone? (Ultimately it would cause pain)

[Cassius](#) - thanks for the reference to the thread that says Thankyou For Visiting Epicurean Friends. A really good starting point for me. I'd be interested in reading Norman DeWitt's book. I had a look at the library but it's not available, even for order. I had a look online and on Amazon it's £52! I am guessing it is not often in print or something? I did find this book at my library though - Travels with Epicurus - Daniel M Klein. Do you or anyone else know anything about this book?