

# Training book/framework for new Epicureans

Post by “Cassius” of May 17, 2023 at 5:18 PM

Thank Titus I had not heard of that. Interesting how it starts with a quote from Seneca 😊 Hope it gets better but I can't view a table of contents on Amazon:



As for the one you did, posting a translation might be very helpful for those working to make something similar.