

Training book/framework for new Epicureans

Post by "Titus" of May 17, 2023 at 5:15 PM

I own a "Epicurus workbook and journal" which I bought via amazon. I haven't checked the contents yet, but the first glimpse looked good.

I also wrote a 12 months workbook approximately 10 years ago. But I would have to 1.) actualize it and 2.) do a translation (which nowadays thanks to advanced translation tools isn't that kind of problem).