

Training book/framework for new Epicureans

Post by "Don" of May 17, 2023 at 7:59 AM

One last thought for now, with the caveat that I only flirted with Stoicism for a short time before finding Epicurus, so I'm not steeped in the philosophy.

It seems to me that Stoics want to say "In situation A, one will always do X."

The paradigm of virtue ethics seems to want absolutes: ex., Lying is **always** wrong.

Epicureanism seems more nuanced. Personal responsibility for one's choices and actions is front and center in Epicurus's philosophy, but virtuous, noble, and just actions and choices are governed by each individual situation. There is no "If A, then X" formula to apply. It's more keeping one's eye on the end/goal/"highest good" which is pleasure. What choices will lead to a pleasurable life?